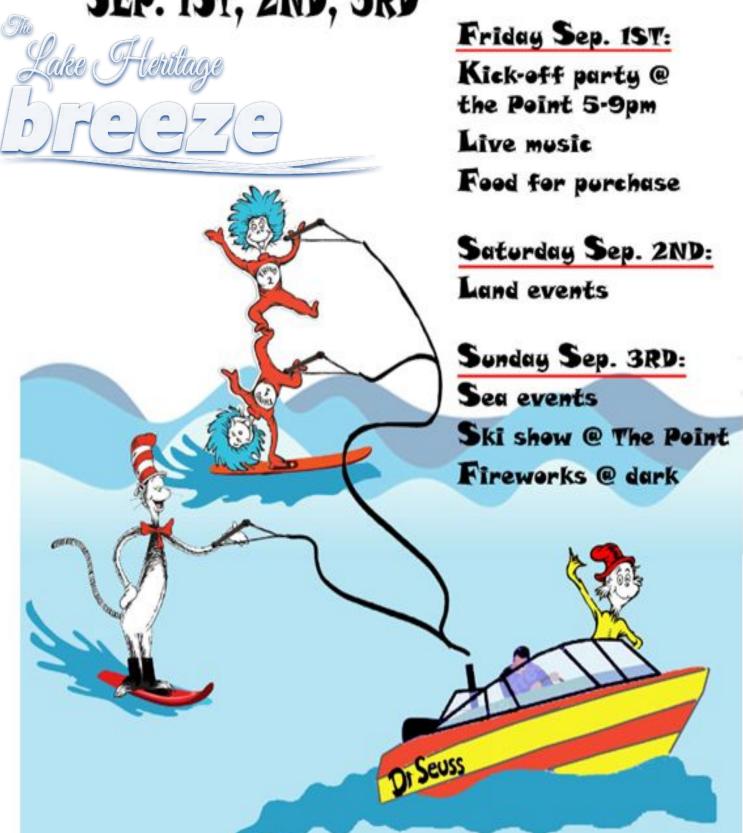
LAKE HERITAGE REGATTA

SEP. 1ST, 2ND, 3RD



"DR SEUSS - SEA & SHORE"

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LAKE HERITAGE BOARD OF DIRECTORS MEETING MINUTES

https://lakeheritage.appfolio.co m/connect/shared documents

Click the link above to view LHPOA Board of Directors Meeting Minutes or scan the QR code!



Meeting Dates to Remember:

Community Documents Meeting

Tuesday, August 2 and August 15 - 2:00pm

Pool Committee Meeting

Monday, August 7- 6:00pm

Board Meeting

Thursday, August 10 - 7:00pm

Front Entrance Committee Meeting

Wednesday, August 16-7:00pm

Operations Committee Meeting

Thursday, August 17 - 7:00pm

Internet Technology Committee Meeting

Tuesday, August 22 - 7:00pm

Finance Committee Meeting

Wednesday, August 23 - 5:00pm

Strategic Planning Committee Meeting

Wednesday, August 23 - 6:00pm

Rec. Area Improvement Committee Meeting

Monday, August 28 - 7:00pm

Other Dates to Remember:

Brush Drop Off

Saturday, August 19

7:30am-1:30pm

August Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
		TAI CHI BO 9:00 AM GOVERNING DOCUMENTS COMMITTEE MEETING 2:00 PM	TRASH & RECYCLE WATER FUN N FITNESS 10:00 AM	TAI CHI BO 9:00 AM	WATER FUN N FITNESS 10:00 AM MEMBER PRIVATE EVENT POOL & PAVILION - 4:00-8:00 PM BRIDGE CLUB 7:00 PM	MEMBER PRIVATE EVENT SG - ALL DAY MEMBER PRIVATE EVENT LG RM - 10:00AM-4:00PM MEMBER PRIVATE EVENT POOL & PAVILION - 12:00-5:00 PM MEMBER PRIVATE EVENT SM RM - 12:00-5:00 PM
6	7	8	9	10	11	12
MEMBER PRIVATE EVENT LG RM - ALL DAY MEMBER PRIVATE EVENT POOL & PAVILION - 12:00-9:00 PM MEMBER PRIVATE EVENT SG - 12:00-4:00 PM	WATER FUN N FITNESS 10:00 AM POOL COMMITTEE MEETING 6:00 PM	TAI CHI BO 9:00 AM Women's Club 10:00 AM	TRASH WATER FUN N FITNESS 10:00 AM	TAI CHI BO 9:00 AM Board Meeting 7:00 PM	WATER FUN N FITNESS 10:00 AM MEMBER PRIVATE EVENT POOL & PAVILION - 11:00AM-3:00 PM MEMBER PRIVATE EVENT POOL & PAVILION - 4:00-10:00 PM FISHING CLUB 6:30 PM	MEMBER PRIVATE EVENT LG RM - ALL DAY MEMBER PRIVATE EVENT SG - ALL DAY STAFF APPRECIATION DAY 10:00-3:00 PM MEMBER PRIVATE EVENT POOL & PAVILION - 4:00-9:00 PM
13	14	15	16	17	18	19
SKI CLUB - SG MEMBER PRIVATE EVENT LG RM - ALL DAY	WATER FUN N FITNESS 10:00 AM	TAI CHI BO 9:00 AM GOVERNING DOCUMENTS COMMITTEE MEETING 2:00 PM KID'S CLUB SG -5:00-8:00 PM	TRASH & RECYCLE WATER FUN N FITNESS 10:00 AM FRONT ENTRANCE COMMITTEE MEETING 7:00 PM	TAI CHI BO 9:00 AM MEMBER PRIVATE EVENT SG - II:00 AM -4:00 PM OPERATIONS SUB COMMITTEE MEETING 6:00 PM	WATER FUN N FITNESS 10:00 AM BRIDGE CLUB 7:00 PM	MEMBER PRIVATE EVENT CC - ALL DAY MEMBER PRIVATE EVENT SG - ALL DAY
20	21	22	23	24	25	26
MEMBER PRIVATE EVENT SG - ALL DAY MEMBER PRIVATE EVENT POOL & POOL PAVILION 4:00-9:00 PM	WATER FUN N FITNESS 10:00 AM	TAI CHI BO 9:00 AM	TRASH WATER FUN N FITNESS 10:00 AM FINANCE COMMITTEE MEETING 5:00 PM STRAT PLANNING COMMITTEE MEETING 6:00 PM	TAI CHI BO 9:00 AM	WATER FUN N FITNESS 10:00 AM	MEMBER PRIVATE EVENT CC - ALL DAY MEMBER PRIVATE EVENT SG - ALL DAY MEMBER PRIVATE EVENT POOL & PAVILION - II:00 AM - 700 PM
	WATER FUN N FITNESS	TAI CHI BO		TAI CHI BO		
	IO:00 AM REC AREA IMPROVEMENT COMMITTEE MEETING 7:00 PM	9:00 AM	TRASH & RECYCLE WATER FUN N FITNESS 10:00 AM	9:00 AM Kid's Club Nature trail playdate	REGATTA 2023 Day I 5:00-9:00 Point Point Party	REGATTA 2023 Day 12 All day Land Events
3	4	5				
REGATTA 2023 Day 3 All day Water Events	POOL CLOSING DAY: Last day for a swim!	DOG SWIM: 5:00-7:00 PM				

Stay informed with Lake Heritage through AppFolio App, the LH Website, and Official Facebook Page!

AppFolio is an app that can be downloaded onto your phone. You can use the app to pay your dues, view the calendar, view upcoming events, log maintenance requests and access the current and past newsletters. Go to the link lakeheritage.appfolio.com/connect or contact the office for more information. **The most up to date calendar is on AppFolio**.

Lake Heritage Website

www.lakeheritage.org is the Lake Heritage website. You can access and download any forms you may need such as building permits, pool pass request form and club recognition forms, just to name a few. There is access to the members online portal, too.

Official Facebook Page

Please join the <u>Lake Heritage - The Official Page.</u> Here you will find important updates for the community as they happen.



Lake Heritage, Board President, Rich Dooley's Remarks

The weather has been ridiculous since our last newsletter! I hope you have all been able to spend some time in the pool or at the lake to beat the heat a little.

Throughout this heat wave, The Board and staff have been working hard on several projects. I've detailed many of them in my weekly email blasts. If you are not receiving these emails, please let the office know so we can update your contact info. The same address I use for those emails is the address we'll be using to set up electronic voting for our spring election. Everyone will still receive a paper ballot as usual, but make sure we have the correct address for you if you would like to receive your ballot via email, too. We'll also be sending out bio-sketches and other important information. Don't miss out! This month, instead of recapping past projects again, I'm going to use my Breeze notes to talk about what we have planned for this month. My favorite project this month will be our Employee Appreciation weekend! On August 12th, The Pool Committee and The 1st Lake Heritage Volunteer Brigade will be sponsoring this event at the pool. We'll be providing lunch for our employees whether they are working that day or not. I invite everyone to come to the pool and have a chance to meet the amazing people that work so hard for us and our community. While you're there, The Volunteer Brigade will be offering lunch at inexpensive prices for you. The Volunteer Brigade is looking to get started on a few fun and rewarding projects besides the staff appreciation day, too. Please come out to their organization meeting on Saturday Aug. 5th at 4:00 if you're interested in helping, have suggestions for projects, or just want to come help this fun new club get started! This month we'll be putting together our Nominating Committee for the spring election. We'll need three members in good standing (that do not plan to run for a seat on the Board) to volunteer to help. Please send me an email (President@LakeHeritage.org) if you are interested in helping.

A bunch of projects are moving forward rather quickly in the IT department. We are exploring ways to improve our maintenance ticketing system; we're moving many of our reports from paper to digital formats; and we've installed WiFi at the Gatehouse so we can explore ways to use technology to increase security while simultaneously ensuring quick, hassle free access for members. In the policy realm, we've pretty much finished setting up the new framework for our association's policies and are ready to start moving into building (and revising) more operational policies. This month, I hope to have the building permit policy and The Access & Patrol policies revamped. One of the major advantages to this project will be ensuring the staff and volunteers of our association have clear guidance on operational decisions. We won't have to rewrite the playbook every time we're presented with a new problem. This will allow The Lake's management to focus more on moving us forward rather than putting out proverbial fires. This will also offer the staff written, board-approved directions without needing to get the board involved as much. We all know we have put too much work on these volunteer's shoulders in recent years. Hopefully, this process will allow The Board to step back, and we can stop the rate of burnout and resignations we've been suffering.

Lastly, we've got a few physical improvement projects to start or finish this month! We're moving forward with installing the new club storage shed at Shady Grove. The Recreation Areas Committee has suggested some new tables for the deck next to the Community Center and some new picnic tables and kayak racks around the neighborhood. And we're working on some sprucing-up in and around the Community Center and Pool. If you have other ideas, we would love to hear them! We've got a lot to do this month. Let's get started!



Community Manager Report

Hello, Lake Heritage!

As we enter into August, we are quickly approaching the start to a new school year. Gettysburg Area School District's first day for students is Tuesday, August 22 where Littlestown Area School District's first day is Thursday, August 24th. To ensure the safety of all members, please begin to plan for a commute in and out of Lake Heritage that includes school buses stopping and heavier traffic on the roadways during early hours. As always, the Office has reflective Safety Belts available and for a limited time, bike tire light caps.

At the July Board Meeting, a motion to consider modifying LHPOA's Rules and Regulation Article VII, Section 2 Subsection 2 was approved, the modification of the rule has been included in this edition of the Breeze and will also be issued in September newsletter. If you would like to submit feedback on the proposed modification, feedback forms can be provided in the Office during operational hours.

It's almost time for LHPOA's Boat Lot Storage lease renewals! If you currently have a space within Lake Heritage's Boat Lot Storage area you should be expecting to receive a renewal agreement in the mail soon. Members interested in storing a boat/trailer in the area may call the Office to be added to the waiting list. Renewals are due by September 15, 2023.

On Sunday, August 27, 2023 all boats and trailers are to be removed from the area to allow Lake Heritage to clean the area Monday, August 28th. A reminder will be sent out the week before with a follow up email on August 28th informing members when boats/trailers may be returned.

Regatta will be here before you can say CAT in the HAT. To register for this year's events please follow the link below, or scan the QR code located on the Regatta 2023 page. You won't want to miss this weekend of fun filled activities for all ages!

The last day of the 2023 Pool Season will be Monday, September 4, followed by the Dog Swim on Tuesday, September 5th from 5:00-7:00pm. You can expect a high volume of guests at the pool on Friday, August 4th as the Gettysburg Sharks Swim Team will be hosting their annual banquet at the Pool Pavilion Friday evening. The Pool Committee and 1st Volunteer Brigade will be hosting a Staff Appreciation Day at the Pool Pavilion on Saturday, August 12th until 3:00pm. Stop by for the soft opening of the "Snack Shack" serving hot food and leave a message for the Lake Heritage Staff on the poster that will be located under the pavilion area.

Until next month,

Taylor Eiker

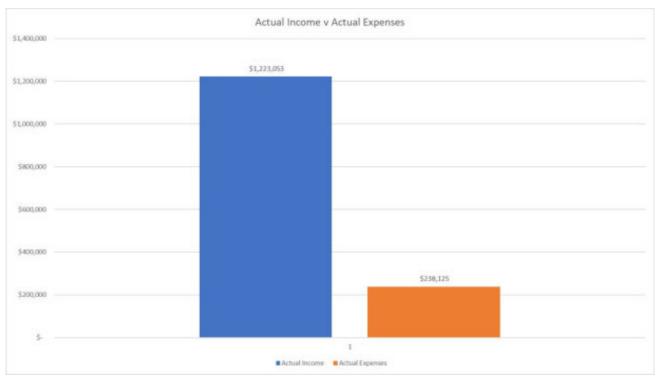
Taylor Eiker Community Manager

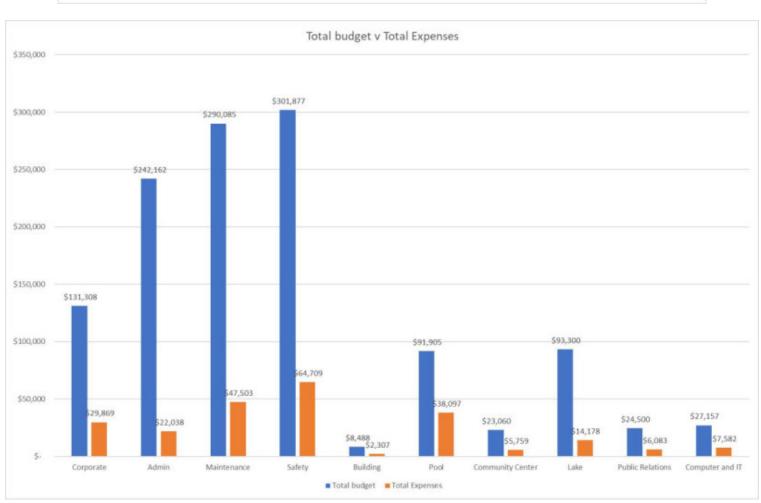
*July Breeze Front Page Photo Credit to Marilu Nicholas

*July Fun N Fitness photo was submitted by Haley Blust

The Breeze regrets these errors and appreciates their participation

Lake Heritage Property Owners Association Treasurer's Report June 2023







To participate in this year's Regatta, be sure to submit a registration entry form by using the QR code above.

\$5.00 per Registrant

(**Partnered/Group Events require registration entry from each person with notation of who your partner/group is)

Regatta entry deadline Sunday, August 20th

For more information about this year's Regatta, contact the Regatta Admiral, Amy Gorman at lakeheritageregatta@gmail.com

Regatta 2023 Schedule/Events:

Friday, Sept 1, 2023

5-9pm Kickoff Party, The Point

Food Trucks:

- Liquid Art Brewing Company https://www.facebook.com/LiquidArtBeerStube/ http://www.liquidartbrewingcompany.com/
- LH Women's Club Bake Sale

Rock Wall Obstacle Course

Cornhole

Games of Chance

Garden Competition

Band - Schizophonic - https://www.facebook.com/schizophonicband/ Instagram = @schizophonicband

Saturday, Sept 2, 2023

Donuts and Coffee - 8:30 Community Center

- 8:45 AM 4 mile run, 1 mile run, 2 mile walk Community Center parking lot
- 10:00 AM Kid's Carnival Hosted by the Kid's Club The Point, Basketball court
- 10:30 AM Shuffleboard
- II:00 AM Obstacle course (Ages 8-13)
- II:00 AM Horseshoes (Ages 18+)
- 12:30 PM Volleyball
- 2:00 PM Badminton
- 2:00 PM Charcuterie
- 2:00 PM Closest to the Pin
- 3:00 PM Softball
- 4:30 PM Kickball

Food Truck:

The Sweet Patch - https://www.facebook.com/TheSweetPatch08/

Sunday, Sept 3, 2023

Sea Events

- 7:00 AM Slalom Ski, The Lake
- 8:30 AM Paddleboard, The Point 9:00 AM Wakeboard, The Lake 9:00 AM Canoe, The Point 9:30 AM Kayak, The Point

- 9:30 AM Sailboat, The Point
- 10:00 AM Pool Events, Inner Tube Races, Freestyle Swimming, and Diving, The Pool

Food Trucks:

Bantam Coffee Roasters - https://www.instagram.com/wheres.bantam/

https://www.facebook.com/EightyTwoCoffee/

Kona Ice of Adams County - https://www.facebook.com/KonalceofAdamsCounty/

Entertainment at the Point

1:30 PM - Ski Show

Fireworks at dark!

NOTE: Slight adjustments to the schedule may be needed based on weather, event captains, amount of participants, etc. Please refer to the website for the most up to date schedule.

Please note that Shady Grove will be closed Sunday September 4th 2:00 pm-End of Fireworks. Please be aware that pedestrians should steer clear of the Dam prior to/during the firework show. Reminder: Boats are prohibited to be within 350 ft of the Dam during the Fireworks Show.

Participant Name: Lot Number:		
Participant Name: Lot Number: Email Address: Age: Gender: _		
Relationship to Homeowner (Please Select One): Owner Dependent Guest		
Saturday, September 3rd - Land Events:		
Opening Ceremony - Community Center Flag Pole 8:30 AM Coffee & Donuts - Community Center Pool Patio 8:30 AM – 10:00 AM Morning events - 8:45 AM - noon, Community Center and the Point Afternoon events - 12:30 PM - 5:30 PM - Sandlot by the Pool and the Softball Field		
I Mile Run - 8:45am - Community Center 4 Mile Run - 8:45am - Community Center 2 Mile Walk - 8:45am - Community Center Kids Carnival - 10:00am - Basketball Court at the Point Shuffleboard - 10:30am - Shuffleboard Court at the Point Obstacle Course (Ages 8-13) - II:00am - The Point Horseshoes (18+) - II:00am - Horseshoe Pits at Shady Grove Volleyball - 12:30pm - Sandlot at the Pool Area Badminton - 2:00pm - The Softball Field, Under the Trees by the Stone Lot Charcuterie Board - 2:00pm - The Softball Field, Under the Trees coordinated with Badminton Closest to the Pin - 2:00pm - The Softball Field, Driving Range Area Softball - 3:00pm - The Softball Field Kickball - 4:30pm - The Softball Field	Yes Yes Yes Yes Yes Yes Yes Yes Yes Yes	NO N
Sunday, September 4th - Water Events:		
Lake Events - 7:00 AM - 10:00AM, Middle of the Lake and the Point Pool events - 10:00 AM - Noon, The Pool Point Gathering - 12:30 PM - 2:00 PM - Food Trucks and Music! Ski Show - 1:30 PM Fireworks - Dark		
Slalom Ski - 7:00am -The Lake - Event Captain will contact you for start details Paddleboard - 8:30am - The Point - Please Supply your own paddleboard, PFD required Wakeboard - 9:00am -The Lake - Event Captain will contact you for start details Canoe Race - 9:00am - The Point - Please Supply your own canoe, teams of 2, PFD's required	Yes Yes Yes Yes	No No No
Partner Name:		
Kayak Race - 9:30am - The Point - Please Supply your own kayak, PFD required Sailboat Race - 9:30am - The Point (South Side) Please supply your own Sailboat, PFD required FOR THE REGATTA TROPHY	Yes Yes	No No
Pool Events - 10:00am-12:00pm - All events follow the previous pool event. Age and gender divisions based on registrations.	ons wil	ll be
COED Inner Tube - The Pool Youth Inner Tube Relay - The Pool (Teams of 2, both under 17)	Yes Yes	No No
Partner Name:		
Adult Inner Tube Relay - The Pool (Teams of 2, both 18+)	Yes	No
Partner Name:		
Adult and Youth Inner Tube Relay - The Pool (Teams of 2, one member 18+, one member 17 and un		
Partner Name:	Yes	No
Freestyle Swim - The Pool (Ages 6 and Under Shallow End, Ages 7+ 25 Meter) Diving - The Pool (3 Dives Each)	Yes Yes	No No
I understand that in order to participate, registration fees will be assessed to the lot. (\$5 per regi Donation only submissions will not be assessed a registration fee.	strant))
Signature:		

2023 Lake Heritage Pool Rules

The following policies are for the health and safety of all swimmers. Section 1:

Membership & Guests

- 1. The Lake Heritage Pool Facility is available for the enjoyment of all LHPOA dues paying members, their immediate family (defined in the Rules and Regulations as their spouses and members of their immediate family who live permanently, on a full-time basis at the same address as the dues paying member), and their guests (a fee is associated with a guest use of the pool).
- 2. Members acknowledge they are responsible for their conduct and the conduct of their guests and hereby hold harmless, indemnify, and agree to defend LHPOA, its officers, and employees from any and all claims, losses, damages, and expenses arising from the use of the pool facility and/or the actions of the employees whether or not those claims, losses, damages, and expenses arise from acts, negligence, or omissions of LHPOA. Members also acknowledge they have read, understand, and will comply with the Lake Heritage Pool Facility Rules.
- 3. All members must present their pool membership card to the attendant at the pool office whenever entering the pool area.
- 4. Guests: ALL guests must be registered and paid for upon entry.
- a. Members must accompany and be responsible for the conduct of their guests at all times. There is a limit of 6 guests per household at any one time (with the exception of special events as described in Section 1, #5).
- b. Children under age 12 years of age do not have guest privileges with the exception of an accompanied adult/caregiver (age 16 or older and as described in Section 4. #1).
- c. Multiple guest passes and season passes are available for purchase at the pool office during business hours.
- 5. Members may sponsor special events at the pool by making prior arrangements with the Lake Office. Arrangements must be made at least two weeks in advance for groups greater than 6 to allow for proper preparation and staff coverage.

Section 2: Pool Operation

- 1. Pool hours Full use of the Pool Facility is available from 10 am 8 pm. All hours are subject to appropriate staffing.
- 2. Pool closure occurs with the loss of electricity, weather conditions that create an obstructed view of the pool bottom, thunder, lightning, and equipment malfunction that results in unsafe conditions at the discretion of the Pool Manager, Assistant Pool Manager, Head Lifeguard, or Community Manager.
- 3. Everyone must obey the pool staff at all times. The Pool Manager, Assistant Pool Manager, and lifeguards, at their sole discretion, are authorized to expel any individuals from the pool area who decline to obey instructions for the safety of others or for their behavior. Parents should inform their children of this authority.
- 4. In the event of an emergency, the lifeguard will sound 3 loud whistle blasts. Exit the pool immediately and listen for instructions.

Section 3:

Health Considerations

- 1. Per CDC recommendations, shower before entering the pool, ESPECIALLY when coming to the pool after being in the lake.
- 2. Admission to the pool will be refused to anyone with open sores; eye, ear, or nose infections; or with bandages/adhesive tape on the body.
- 3. Spitting, spouting water from the mouth, and blowing the nose in the water are prohibited.
- 4. Report all injuries to a lifeguard for immediate first aid.
- 5. Clothing and diaper changing must be done in the locker rooms regardless of age.
- 6. To help reduce bacteria in the pool, children who are non-potty-trained must wear both a swim diaper and tight-fitting waterproof latex/rubber pants in the wading pool and the big pool.
- 7. Do not use items such as water shoes, flotation devices, life jackets, etc. that have been used outside of Lake Heritage pool facility to avoid cross contamination of bacteria.

Section 4:

Age Requirements, Activities, Responsibilities, and Safety

- 1. PARENTS WATCH YOUR CHILDREN. Children under age 12, regardless of swimming ability, must be accompanied by an adult or caregiver (age 16 or older) at all times. If the child cannot touch the bottom or swim 25 meters independently*, the caregiver must be in the water and within arm's reach of the child at all times. *Children will be required to pass a swimming test to enter deep water independently. This test will consist of swimming one length of the pool.
- 2. ALL NON-SWIMMERS WHO CAN NOT TOUCH THE BOTTOM SHOULD WEAR A LIFEJACKET OR COAST GUARD APPROVED FLOATATION DEVICE.

Swimsuits with floatation inserts are also permitted.

- a. All children using a lifejacket or Coast Guard floatation device must be directly supervised by an adult who is in the water and within arms reach at all times.
- b. All children using a lifejacket or Coast Guard floatation device must always enter the water feet first
- 3. Proper bathing attire must be worn. Street clothes, compression shorts, and sports bras are not permitted.
- 4. The use of rafts, inner tubes, Swimmies™, and floating boats are prohibited unless they are being used for a special event.
- 5. NO HYPERVENTILATING, EXTENDED UNDERWATER SWIMMING, OR EXTENDED BREATH HOLDING.
- 6. NO DIVING IN WATER THAT IS LESS THAN 6 FEET DEEP.
- 7. NO running, pushing, dunking, horseplay, wrestling, climbing on, or throwing people within the pool facility.
- 8. NO hanging or sitting on the ladders or steps. They must be kept clear except when in use for entering or exiting the pool.
- 9. Toy use in the main pool is at the discretion of the Pool Manager, Assistant Pool Manager, or the Head Lifeguard on duty.
- 10. Diving Board Rules:
- a. One person on the diving board at a time.
- b. Go straight off the end of the board.
- c. One bounce on the board per jump or dive.
- d. All dives must enter hands or feet first.
- e. Swim immediately to the closest ladder after going off the board.
- f. Wait until the previous person reaches the ladder before taking your turn.
- 10. Sliding Board Rules:
- a. Rider must be at least 48" tall.
- b. One person on the slide at a time.
- c. Rider must remain in the upright seated position at all times and enter the pool feet-first.
- d. Swim immediately away from the end of the slide upon entering the water.
- e. Wait until the previous person clears the area at the bottom of the slide before taking your turn.
- 11. Wading Pool Rules:
- a. The wading pool is for young children under 48" tall and their parents or caregivers (age 16 or older).
- b. Parental or caregiver supervision is required at all times.
- 12. Lap lanes are reserved for lap swimming only. Hanging on the lane lines or swimming through the lanes is prohibited. Section 5: General Restrictions
- 13. All food and drinks must be consumed on the grass or at any of the various tables available on the patios or in the pavilion.
- 14. The following are prohibited within the pool enclosure:
- Chewing Gum Alcoholic Beverages Smoking or Vaping (including E-cigarettes) Abusive, foul or offensive language Inappropriate displays of affection
- Glass of any sort Pets

VISITOR POOL PASSES: Punch card pool passes for non-members are available for purchase at the pool gates: \$25 for a 10 punch pass

\$40 for a 20 punch pass

*Passes do not expire and unused punches can be used the following summer

THANK YOU

Pool Manager, Rachel Glover And the 2023 Lifeguard Team For a Great Pool Season!



Lake Heritage greatly appreciates your dedication to our community and wishes all student Guards a very successful school year





Pay attention to drop-off and pick up zones.

- Park inside the designated zone.
- Stay in your car.
- Go as soon as you've dropped off or picked up child.

pennsylvania
DEPARTMENT OF TRANSPORTATION

Slow down. Follow the posted speed limits in the school zones.

Schools have many volunteers, especially crosswalk patrollers which keep everyone safe on the road. Show your appreciation and be respectful.

Watch for no parking signs. Don't park in bus loading zones, disabled parking zones, or near crosswalks.

Don't be that driver. Don't speed past crosswalks, block lanes of traffic or other cars, make u-turns or use drop-off lane as a parking lot.

Staff Appreciation Day: Recognizing & Celebrating the invaluable Contribution of our Team

Article and Photos submitted by President, Rich Dooley

In today's fast-paced and competitive business world, it is easy to overlook the importance of showing appreciation and gratitude towards the very people who make our organizations thrive - our staff. On August 12th, the Pool Committee and the 1st Lake Heritage Volunteer Brigade will come together to celebrate and honor our hardworking staff members on Staff Appreciation Day. This event not only aims to recognize their invaluable contribution but also provides an opportunity for camaraderie and fun-filled activities.

At the heart of any successful organization lies a dedicated team of individuals who work tirelessly to achieve common goals. Staff Appreciation Day is a time when we pull back the curtains and shine a spotlight on these remarkable individuals. This day allows us to express our gratitude for their unwavering commitment, professionalism, and enthusiasm. It serves as a reminder to acknowledge and thank the staff members who often go above and beyond their call of duty.

A bonus of this year's Staff Appreciation Day is the introduction of a Snack Shack, which is sure to be a delightful addition to our pool area. With tantalizing treats such as burgers, hot dogs, and more, the Snack Shack aims to enhance our pool experience. This test run provides us with an opportunity to gauge its success, with plans to potentially make it a permanent feature if it is well-received by our members and guests.

Additionally, the day will be filled with exciting games and activities in the pool area. It will be a chance for our staff to unwind, relax, and revel in the appreciation that is showered upon them. Amidst the laughter and camaraderie, the pool will be transformed into an oasis of relaxation and celebration, a well-deserved break from their everyday routine.

Furthermore, Staff Appreciation Day is not just a one-time event, but rather a catalyst for a culture of recognition and appreciation. It serves as a reminder to incorporate appreciation and gratitude into our daily routine. By consistently recognizing and appreciating our staff, we create a workplace that thrives on positivity, encouragement, and mutual respect, ultimately leading to improved teamwork and increased job satisfaction.

Staff Appreciation Day is much more than a token gesture. It is a day when we come together as a community, recognizing the efforts and achievements of our staff members. It is a time to express our gratitude and appreciation for their hard work and dedication. With the introduction of the Snack Shack and a variety of games and activities, this year's event promises to be a memorable one. Let us use this opportunity to not only celebrate our staff but also to lay the foundation for a positive and appreciative work culture that will continue to motivate and inspire our team members long after the festivities have ended.

I look forward to seeing you all at the pool on August 12th!



DID YOU KNOW?

There are a variety of games for members to play while visiting the pool. These games are located in this shed located in the Pool Pavilion area.



LHPOA Rules & Regulations Proposed Rule Change ARTICLE VII, SIGNS Section 2 Activity Boards, Para 2c Sandwich Boards

Current Rule

Proposed Rule

c. Sandwich Boards

i. To be used for official board business, notifications, safety issues and special events. A special event would be LHPOA Board sanctioned yard sale, fishing tournament, Regatta, etc - an event that is a yearly or bi-yearly event.

ii. All individuals and club representatives must assume responsibility for taking down their signs within 24 hours of the end of the event. If not, the Public Relations Committee reserves the right to do so at their discretion. In the event of a conflict for space, the most current events will be given priority.

c. Sandwich Boards

To be used for the Board of Directors (BOD) business, notifications, Safety issues and /or special events approved by LHPOA office per BOD Policy.

This Notice is provided in accordance with LHPOA Bylaws
ARTICLE IV
Board of Directors
Section 13 Procedure for Creating/Changing Rules and Regulations

This is the first notification of this change.

That's a Good Question!

Q: Where does the Lake Heritage member's sticker belong on vehicles?

A: According to Article III Motor Vehicle Regulations, Section 4 Vehicle Stickers, All Motor Vehicles owned by members and their resident family shall have a current LHPOA membership vehicle sticker affixed to the <u>driver's side of the front bumper</u> as shown in the picture.



BRUSH DROP-OFF 2023 SCHEDULE



7:30AM-1:30PM

DON'T FORGET:

- LIMBS NO LARGER THAN 3 INCHES IN
- NO GRASS CLIPPINGS, NO LEAVES OR GARDEN CUTTINGS (MUST BE WOOD) NO LUMBER OR PLYWOOD
- NO ROOT CLUMPS

- August 19th
- September 16th
- October 7th & 21st
- November 4th & 18th

Parks Garbage 2023 Holiday Schedule:

Labor Day - Monday, September 4th Thanksgiving Day - Thursday, November 23 **Christmas Day - Monday, December 25**

Delay - Pick Up Thursday, September 7 No Delay - Pick Up Wednesday, November 22 Delay - Pick Up Thursday, December 28

Scouts Paper Drive

Located at Shady Grove

- Aug. 18
- Sept. 15
- Oct. 20
- Nov. 17
- Dec. 15

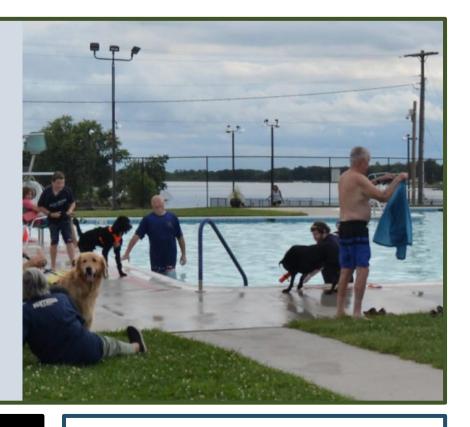
Questions can be answered by contacting **Ernie Finfrock** 717-451-7511 or email: erniefinfrock@ gmail.com



Lake Heritage Dog Swim!

Tuesday, Sept. 5th 5:00-7:00pm

Registration forms located at the Office and Pool house Vet Vaccination Records required for all pets!



LAKE HERITAGE SKI CLUB



Contact Andy for details or to RSVP andyhollabaugh@gmail.com

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THE 15T LAKE HERITAGE VOLUNTEER BRIGADE



Please join us for an **organizational meeting**.

Saturday, August 5, 2023

@ 4pm

LH Community Center, small conference room.

Come and find out what it's all about!

This is an opportunity to become a positive part of something that will benefit you, your neighbors, and the Lake Heritage Community.





10:00am-1:00pm

Saturday, October 7

Community Center Large Room

Contact the Office to sign up!



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Into Lake Heritage
Must Be Quarantined
For One Week
Before You Can Put
Them In the Lake!

This Is to Protect Our Lake From Harmful Organisms!



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Heritage!







Due to the unevenness and sharp edging of roadways, for the safety of all residents, these restrictions are necessary

Article III Section III of the LHPOA Rules and Regulations states:

No golf carts, go-karts, minibikes, all-terrain vehicles, motorized scooters, will be permitted to operate on any Association roadway. In addition, the following are prohibited on Heritage Drive: skateboards, roller blades, or scooters.

Kids - Be Safe This Summer to Enjoy it

CONGRATULATIONS 2023 SCHOLARSHIP WINNERS!

Submitted by Linda Griffin

The Lake Heritage Fishing and Women's Clubs are proud to present the 2023 Lake Heritage Scholarships winners. Maxfield Ma will be attending Haverford College to study Mathematics. Eden Brown will be attending Penn State Schreyer to study Veterinary Science and Biomedical studies. Lily Shriner will be attending William & Mary to study Environmental Science. We wish them well in the coming year!





Lily Shriner

Liz Haberman, Max Ma, Eden Brown, Linda Griffin. Matt Verdirame

Lake Heritage Fishing Club and Women's Club Scholarship Essay



Fishing Club President: Steve Oakes, Scholarship Winner: Lily Shriner, Women's Club President: Leslie Baker

Written by: Lily Shriner

I march to the beat of my own drum. Literally, I am the classic band kid, smart and a little awkward, but I am the least stereotypical drummer. I cannot help but appreciate structure and organization, but chaos and messed have also created some extraordinary things in my life. I am analytical and artistic. I live for the tranquil sounds of nature, but the crashing beat of my drums electrifies me. I am quiet and introspective, but passionate and loud. I am composed of many opposites that collided to form one paradoxical personality. Some would say I am a chameleon, someone who changes in response to their surroundings, but I would beg to differ. There is no one easy answer for how I can simultaneously be all of these personas at once. I like to think of myself as a reflection of all the people and places that matter most in my life. The explanation of myself would be woefully incomplete without my grandparents and their home. Growing up, I spent every summer day at their house in Lake Heritage while my parents were at work. The lake down the street was my sanctuary. Ironically, I found my love for the water by repeatedly flipping a canoe in that lake, which allowed me to see the underwater universe that lies beneath the surface. Water brings me joy. If I could, I would spend every day in a kayak with a cucumber sandwich and a camera. I have always felt the happiest in nature, but particularly in the water, where there is a whole other world under the surface to discover. The passion for the environment I discovered at the lake took me far beyond my grandparents' house. I used that ardor to launch water quality research that took me to Buffalo, Boston, and even Ireland. I found in those places that I cared equally as much about those ecosystems as I did about the ones that supported me back home in Pennsylvania. Going to these places to share my research with other young scientists and NASA professionals provided me with an even greater appreciation for the people who gave me such a good starting point in life. My grandparents grew up with limited opportunities in a town right outside of Pittsburgh. They made the most out of what they did have though, and were able to find a place to thrive in Lake Heritage after years of moving around for the military. It is because of them that my taste buds were built on pierogies and Nerds candies and that I see math equations and numbers all around me. It is because of the days I spent at the pool, on the lake, and walking around the neighborhood that persuaded my family to move to Lake Heritage a few years ago, next to my grandparents. Both sets of my grandparents and my aunt and her family live in Lake Heritage, providing me with a strong familial support system that could not exist without the lake. In addition to my family while it may seem contradictory, I am also my own person. My awesome ability to come up with the perfect crayon color names, my love for Old Bay on French fries, and my clumsiness are uniquely mine. I am a mind-boggling mix of the people and places that raised me, everyone and everything that came in between, and my dreams for the future that started at Lake Heritage.

Environmental science is my dream career field, but it is far from the highest paid profession. In order to better focus on research and my career, especially if I chose to complete my master's degree or doctorate in the years after college. My parents will help in that mission as much as possible, but they are not in the financial position to pay for my full tuition. I plan to do a work study in a laboratory at the college I choose to attend to alleviate some of the burden from my parents, who continue to pay off their own student debt. I would be grateful for any assistance that allows me to focus on my studies, embrace the college experience, and limit the impact on my family's financial situation.

Tom Reidenbach, Resident Reenactor/Living Historian

Article and Photo submitted by Pete Vogel





All Gettysburg residents know that in late June and early July you hear the sounds of cannon and gunfire and men dressed as Civil War Soldiers and women in hoop skirts share the line with you at Wal-Mart. It is the annual anniversary of the Battle of Gettysburg. Here at Lake Heritage one of our neighbors and member of the Board of Directors, Tom Reidenbach and his wife Patti are actively involved as reenactors and have been for years. Tom first moved to Pennsylvania from Kansas in 1972 but did not visit came to Gettysburg for the first time until 1982 in 1972 and he, "Fell in love with the place." So much that he moved here in 1982. He began researching the Battle of Gettysburg and in 1996 he got an uniform and joined the Union infantry. He did this for years and for Tom there was something special about hitting the battlefield with old friends. But as time went on being in the infantry was getting physically taxing so he began to learn more about the medical aspects of the battle Civil War era and since 2010 he now operates asets up his Living History tent to explain this educate to visitors on the medical department of the Union Army.

This year in his tent at the Daniel Lady Farm he has had a large display of the equipment doctors had used on the battlefield in 1863. "For injured soldiers it was more important to save lives than limbs, the reason that there were so many amputations. For those with fatal injuries the doctors would do their best to ease their pain, make them comfortable until they passed away." They did that with four soldiers recuperating from their wounds a variety of drugs pain medicines were available at the time, such as including laudanum, opium, and morphine. Chloroform and Ether were also available for use as anesthesia for surgeries. "Many doctors developed drugs on the battlefield." In his tent display Tom has a number of chemical bottles like those doctors used in 1863 to manufacture some pills and other medicines used on the battlefield. "Much of our modern medicine has its roots from doctors from the civil Civil War."

While reenactors no longer are injured by bullets and cannon fire there are can be injuries. Most of these are from Heat heat exhaustion, since the reenactors wear wool uniforms, and may experience dehydration, and some may have minor injuries from falls. For them, EMS units are standing by.







Bill Caywood, Lake Heritage IRONMAN!!

Story by Pete Vogel Photos supplied by Bill Caywood

How many of you can say that since June 11th you have competed in 4 races including the 4.4 mile swim across the Chesapeake Bay for the 24th time, a half Ironman Triathlon for at least the 20th time (1.2 mile swim, 56 mile bike, and 13.1 mile run), 3 open water swim races (of 1/2 mile, 1 mile, & 1.5 miles), and an Olympic distance triathlon in Colorado.

Added to this, just for fun, Bill routinely swims from his house on Burnside Drive to the Point and back, 1.3 mile, to the power lines, 1.6 miles, to Pleasanton Cove, 2 miles or just around the lake 3.1 miles. I should also mention he is 73 years old!

Athletics, especially swimming, is in his DNA. He has been competitively swimming since his elementary school days which continued through high school and college. He made a career of it as a Physical Education teacher, swim and diving coach for the Montgomery County, Maryland, Public Schools. After retirement, rather than sitting in a recliner and watching TV, he has been competing in triathlons since 1984. He competed in 2 national age group championships including Ohio & Wisconsin just last summer, 12 full Ironman triathlons around the country in Colorado, Kentucky, Tennessee,

New York, Maryland, Florida, and Canada. His kids, Catie and Mike, are competing as well and both swam the 4.4 mile Chesapeake Bay again in June.

During Covid, Olympic Triathlete, Katie Zaferes, needed a place to swim since her Olympic training center was closed. Katie learned of Bill from his niece who is a triathlon coach. Katie lived in California, but stayed with her parents in Hampstead, Maryland so she could ride her bike to Bill's house to swim. Bill's wife, Beth, would kayak alongside Katie & Bill as they swam. Katie ended up winning 2 Olympic medals in the 2021 Tokyo Olympics, the individual Bronze & relay Silver. Katie continues to travel the world competing and winning.

Bill has no plans to slow down, which is an inspiration for everyone regardless of age.



Olympian Katie Zaferes (left) at Lake Heritage with Bill and Beth Caywood



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Club Reports





Summer is in full swing, and I am happy to report that the Ski Club's 3nd Annual Chicken BBQ held on July 15th at Shady Grove Pavilion was a HUGE success. This year we served over 160 meals, and sold out by about 1:30pm!! Our line was consistent from 11am until we sold out, which was awesome. I want to say "thank you" to those who came out, and apologize to anyone who may have missed due to our successful event and early sell out. Each year we increase our amount of meals we serve, and refine our process. I am happy to report that our "grab & go" line moved smoothly with no waiting, and based on our success again this year, we will again increase our meal cout to try and accommodate everyone in 2024! Patrons all enjoyed a fantastic chicken quarter cooked over a smokey bbq and served with baked beans, macaroni salad and a roll. Proceeds from our BBQ help the Ski Club support the Regatta FireWorks, Summer Kick-Off Point Party, support newer clubs like the Kids Club, and their Community Children's Garden, buy necessary equipment for the annual Ski Show, and put on the annual community Halloween Party.

Along with our BBQ fundraiser, the Ski Club had a stand where patrons could meet our **TEAM USA** Skier **Solie Stenger**. Solie is a highly competitive Slalom Skier, Water Ski Jumper and Trick Skier. She was selected to represent **Team USA** at the Pan-American Waterski championships in Santiago, competed in the IWWF Junior World Championships, Jr US Open, Canadian Open and plans to compete in the Eastern Regionals (July 27-29) and U.S. Nationals (Aug 8-10). She has also been invited to ski at her first Open (Semi-Pro) tournament on August 11 and is hopeful that her scores will allow her to compete at the Can-Am Championships in September. Patrons of the BBQ were extremely generous with donations to help support Solie and off-set some of the substantial costs of travel, training and competition, associated with competing at this level. The Lake Heritage Ski Club and community as a whole, is incredibly proud to have Solie represent the USA and our lake at these highly competitive national and international competitions. Her continued success and growth as an athlete and person is amazing to watch. A very grateful **THANK YOU** to all who donated to support Solie! We will be hosting another meet & greet at the 2023 Regatta in September where you may donate if you would like. If you would like to donate before hand, please feel free to email Jeff Bristol at: jeffrey.bristol@gmail.com

Coming-up in **August** is our much anticipated **Learn to Water-Ski or Wakeboard Event** and will be held on **August 13th.** You do not have to be a club member to participate. We already have a growing list of participants, and we expect that this will be even more successful and more FUN than last year! The goal is to introduce children over 7, young adults and adults to water-skiing and/or wakeboarding. If you would like to learn to water-ski on doubles, slalom ski or wakeboard, I encourage you to sign-up for our event. Instructors, boats and equipment will be made available, and we will try to accommodate everyone who has a desire to learn! If you are interested, or have any questions, please contact **Andy Hollabaugh at:** andyhollabaugh@gmail.com

Finally, we are also busy preparing for the annual **Ski Show.** This year's theme is Dr. Seuess!!! Beginning in July, you will see the club participants out practicing their routines. These may include multiple water-skiers or wakeboarders behind a boat, various types of pyramids, skiers with climbers, etc. Most practices will be held during the week and in the evenings. The vast majority of our show participants are ski club kids, so if you are on the water and see the club practicing one of the technical acts, your support and understanding in minimizing wake and rollers for that short period of time is appreciated as we practice to make the show a success!

As a friendly reminder, please do not boat or pull tubes through the Slalom Ski Course. The ropes or wires holding the buoys in place could become tangled in your prop and cause damage to your boat or to the course. We are lucky enough to have nationally recognized slalom skiers on the lake, and they (as well as slalom enthusiasts) use the course regularly. Thank you for your help and consideration in keeping our course in good shape for these athletes so they can continue to train here at their home lake!

The ski club welcomes anyone interested in lake activities or who may wish to join for the social and civic aspects of our club. For information on any of our events or if you would like to join or have more information about the Ski Club please contact Jeff Bristol at: jeffrey.bristol@gmail.com or Kristy Caywood at: kristycaywood@sbcglobal.net

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Lake Heritage Women's Club

While spring is our busiest time, the Women's Club members remain active throughout the year. Do you enjoy the warm welcome of summer flowers and seasonal decorations greeting you as you come home? Each week, different members take turns watering the flowers at the entrance sign, Gatehouse, and Shady Grove; along with keeping the lawn decorations in theme with the season. If you see our members out there, please let them know you appreciate their efforts.

Ben Mearns, owner of Mud College Farms, spoke at the July meeting about organic farming and the growth of these farms in Adams County. Did you know that Adams County produces vegetables year-round? Ben talked about the science behind creating soils that produced high yields without the use of pesticides or chemicals and how research is ramping up in this field.

Mud College Farms is located at 680 King Rd., Gettysburg (just past Olivia's) and is open to the public on Tuesdays, or you can join their CSA (Community Supported Agriculture) program to receive year-round fresh, organic vegetables.

During July, fifteen ladies enjoyed a surprise outing, planned by Rachel Parmentier and known as Rachel's Mystery Ride. We met at the Community Center and were given instructions to drive to Lincoln Diner, where we enjoyed a nice breakfast. Afterwards, Rachel gathered us together and walked us across the street to the Lincoln Railroad Station for the Unforgettable Journeys VR exhibit. It was quite informative to hear the role that the train station played following the war.

Also in July was the Red Cross Blood Drive, organized by Betsy Myer and 'manned' by LHWC volunteers. Thank you to all the Lake Heritage residents who contribute greatly to the Red Cross Blood Bank.



Under construction: Lake Heritage Cookbook

The Women's Club is calling on all residents to share their favorite recipes! We've been to neighbors' homes, and we've been to potlucks, so we know we have some great cooks in our mists. Please consider contributing a recipe or two to our fall cookbook fundraiser.

To submit a recipe on-line, click **HERE**.

- Open Cookbook Creator and log in using: Ladies and password LHWC123. Click on Users on left. Then, New User, Register, Active status and Save.
- 2. Back on the Dashboard 'Add Recipe' enter status 'Editorial' before closing out. (Feel free to add notes about your recipes).

The Women's Club hosts a few "Happy Hour" socials each year. We invite all ladies to join us for our Fall Happy Hours, we meet 5-7PM at Shady Grove. BYOB and a snack to share.

Thursday, September 21 Thursday, October 19





Women's Club Guest Speaker: Ben Mearns

Fun N Fitness

The Water is Fine for FunNFitness!

Article by President Kathy Miller

Many thanks to Joan Krason for this photo of the FNF Group

The Land and Water Fitness Club said thank you to Pat and Dave Diehl for their years of dedicated service. We presented a beautiful photograph of a misty Lake Heritage cove complete with an inscription of appreciation.

(Lake resident Chase Majeczky created the photo and the completed gift). The summer Water Fitness class is having Fun every Monday, Wednesday, and Friday from 10 AM to 11 AM. We see plenty of familiar faces and have been thrilled to meet many new members. There is plenty of time to join us come down to the pool and watch what we do. You will be in the water before you know it!! You do not need to know how to swim, exercises can be adjusted to accommodate you, and all this fun is FREE!!





TAILS FROM THE FISHING CLUB JULY 14, 2023 MEETING



Forty-six members and guests gathered at the Shady Grove Pavilion for our annual July picnic. While the sky was a bit dark early on, the clouds cleared and we enjoyed a rain-free cookout. Our chefs (Dave Carruthers and Steve Oakes) grilled hot dogs to perfection, and a wide range of salads and desserts rounded out the meal. Patriotic colors decorated the picnic area, including balloons and table decorations. No one went home hungry!

There was no business meeting. However, we did meet and hear from our third scholarship winner - Lily Shriner. Lily will study Environmental Science at The College of William & Mary this fall, and is passionate about water quality in our environment (we certainly appreciate that here at Lake Heritage). She was greatly appreciative of the Fishing and Women's Clubs financial support. We wish her good luck.

Ernie Clevinger provided a quick update on the July 4th Pancake Breakfast. It was a record-setting event - over 200 participants, and over \$1,400 raised for our Club's initiatives. Ernie and Steve Oakes, who led the planning for the event, expressed their great appreciation for the many volunteers who donated and/or prepared food, set up the community center (and cleaned up afterwards), served food or supported the meal activity, and otherwise made this important fundraiser a tremendous success. Thanks to all.

The next Fishing Club meeting is Friday, August 11, 2023. Hosts are Nina and Tom Dolly, Ila and Matt Verdirame and Phyllis and Brian French.



























Special thanks to Ernie Clevinger for these photos!





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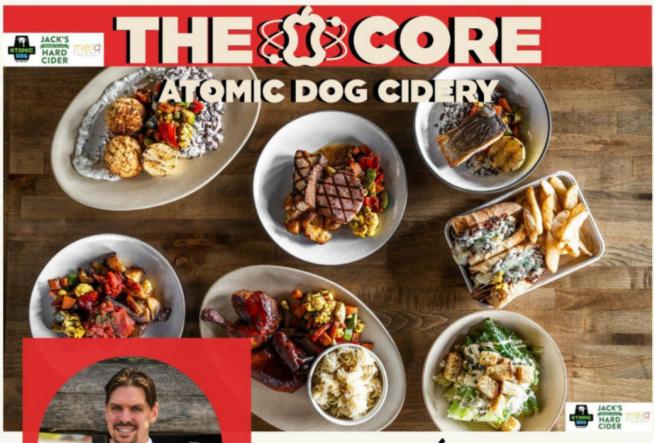
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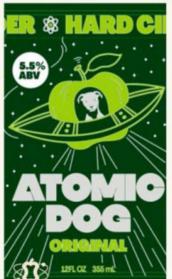


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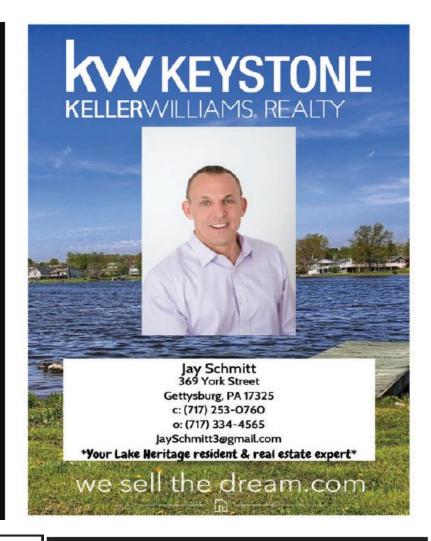


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LHPOA Office	Taylor Eiker	M-T 8:00am-5:00pm	717-334-7242	admin@lakeheritage.org
Gatehouse	24/7		717-334-7242	
Maintenance	Courtney Pratt	M-F 7:00am-3:00pm	717-334-7242	maintenance@lakeheritage.org
Building Inspector	Keith Majeczky		717-334-7242	buildinginspector@lakeheritage.org

LHPOA Clubs

Bridge Club	Roy & Linda Fauth	717-334-9417	lindafauth@gmail.com
Fishing Club	Steve Oakes	717-549-3334	soakes1949@gmail.com
Women's Club	Leslie Baker	301-606-6418	labbaker@gmail.com
Ski Club	Jeff Bristol	908-391-6084	jeffrey.bristol@gmail.com
Land & Water Fitness	Kathy Miller	717-334-9443	klm167_17077@msn.com
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That's a Good Question!

Do you have a Lake Heritage related question or concern which needs to be answered or acknowledged? Tell The Breeze!

Send a clear, brief description of the information which you need to know and email your request to news@lakeheritage.org. Please include your name, email address and pertinent information such as your address as it relates to your question.

Your question will be forwarded to the Board Officer or Director or Manager who is responsible for the answer. Details of the response will appear in a future issue of The Breeze. One question and answer will appear per issue for space purposes.

The Breeze Submissions Policy

Important New Submission Detail: If a Club/Committee would like the Office Staff to develop a creative for an event which is to be published in The Breeze, the request must be put in writing and sent to news@lakeheritage.org by normal publication deadline of the 15th of the month.

Submissions received after the News Team compiles The Breeze for publication are subject to appear in a subsequent issue. <u>All</u> news submissions must be emailed to...news@lakeheritage.org. Please do not send content to any other email address.

Article/Content/Photo Rules

News@lakeheritage.org is an email portal site which allows The Breeze News Team to view articles, photos, and other content. If an emailed submission needs to be changed in any way, please send a separate new message to cancel the original information. Then send the new, correct article/information plus all original photos and any other attachments. This step will help to alleviate as much confusion as possible. Word Documents are required for articles. Maximum of 6 clear, relevant JPG photos (300 DPI minimum) with appropriate captions, full names, etc. per article please.

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How many Dr. Seuss characters can you name?

